

Full Report (All Nutrients) 45041133, CHEESE RISOTTO, UPC: 708820049147

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Report Date: May 16, 2017 07:43 EDT

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer Meijer, Inc.

Nutrient	Unit	Data points	Std. Error	1 cup 226g	1 Value Per100 g
Proximates					
Energy	kcal	--	--	289	128
Protein	g	--	--	7.01	3.10
Total lipid (fat)	g	--	--	9.99	4.42
Carbohydrate, by difference	g	--	--	43.01	19.03
Fiber, total dietary	g	--	--	0.0	0.0
Sugars, total	g	--	--	0.00	0.00
Minerals					
Calcium, Ca	mg	--	--	99	44
Iron, Fe	mg	--	--	0.00	0.00
Sodium, Na	mg	--	--	820	363
Vitamins					
Vitamin C, total ascorbic acid	mg	--	--	0.0	0.0
Vitamin A, IU	IU	--	--	0	0
Lipids					
Fatty acids, total saturated	g	--	--	5.989	2.650
Fatty acids, total trans	g	--	--	0.000	0.000
Cholesterol	mg	--	--	34	15

Amino Acids

Other

Ingredients
COOKED RICE (WATER, RICE, SALT), WATER, CREAM (MILK), FONTAL CHEESE (MILK, SALT, CHEESE CULTURE, ENZYMES), HARD GRATING CHEESE (MILK, SALT, CHEESE CULTURE, ENZYMES), SUNFLOWER OIL, WHITE WINE, BUTTER (MILK), WHEAT STARCH, BERGKAESE CHEESE (MILK, ENZYMES, CHEESE CULTURE, SALT), ONION, VEGETABLE BROTH (SALT, POTATO FLOUR, YEAST EXTRACT, POTATO MALTODEXTRIN, DEHYDRATED VEGETABLES [ONION, CARROT, CELERY, PARSLEY], SUNFLOWER OIL, SPICES, NATURAL FLAVOR), SALT, YEAST EXTRACT, GARLIC, BLACK PEPPER. *Date Last Updated by Company:* 11/10/2015